

Yogalicious Kids Camp

July 6 - 9, 2010, 9 a.m. - 1 p.m.

Our camp celebrates the learning yearnings of children ages 3-8 through movement, music, art, language, cooking and gardening. Children will enjoy exploring nature and discovering ways to share their unique gifts with the world.

9905 Anderson Mill Rd.,
Austin, TX 78750

Register at www.heartpracticeyoga.com
or call 512-638-5050.

“Nourishing the Whole Child” (ages 3-8)

Each day we will practice yoga poses and breathing and relaxation techniques to foster good health and strong bodies. Then we'll learn about the wonders of nature and have creative outlets for expression.

TUESDAY: Gardening & Cooking

WEDNESDAY: Art

THURSDAY: Music

FRIDAY: Spanish + Presentation & Gallery*

On Friday from 1 - 1:30 p.m., children will host a parent presentation, including a gallery of work. At the end of camp, children take home a custom portfolio, complete with photos and details of the week. Yoginis must be potty-trained to participate.

Cost is \$195, includes materials and healthy snacks.



Space is limited and spaces will go fast!
Reserve your child's spot early.



Registration Form for *Yogalicious Kids Camp (Ages 3-6)*

Name _____ Date _____ D.O.B. ___/___/___ Age: _____

Address _____ Zip _____ Mother's Name _____

Phone (H/cell) _____ email (please print): _____

Father's Name _____ Phone(H/cell) _____ email(please print) _____

Work(M or F) _____ Phone _____ Emergency Contact _____

Person other than parent: _____ Relationship to child _____ Phone(H/cell) _____

Individuals authorized to pick-up your child: _____

(Show of I.D. will be required when picking up children.)

Insurance /Health Information:

Name of Insurance _____ policy/group # _____

Doctor's Name _____ Phone: _____ **Preferred Hospital:** _____

Does your child take any medications? _____ If yes, please explain: _____

_____ Does your child have any allergies? _____ If yes, then
please explain _____

Does your child have any food sensitivities/allergies? _____ If yes, please list: _____

Is there anything else you would like us to know about your child (please write on back if you need more space)?

Waiver of Liability Consent Form:

I agree that I will not hold *Monica Paredes Yoga & Art, LLC, Angela Nix, Della Terra Montessori, Unity Church*, any YKC instructors or staff, nor their heirs liable for any injuries sustained, illnesses contracted or loss of property incurred while my child(ren) is/are participant (s) of the *Yogalicious Kids Camp*.

Parent/Guardian Signature: _____ Date: _____

Printed Name: _____

Please check the week(s) your child will be attending: (For more than one child, fill out a separate form.)

[] **July 5-9, Yogalicious Kids Camp: Tu-Fri. 9 a.m. – 1 p.m., Tuition: \$195 (2nd Child: \$150)**

A non-refundable deposit of \$75 is required to hold a space for your child. (Deposit applied to tuition.)

\$ _____ Enclosed for registration. Tuition balance is **due 7 days before first week of camp.**

Please make all checks payable to Monica Paredes and mail with this registration to:

Monica Paredes, 8508 Cahill Dr., Austin, TX 78729 | 512-638-5050, monica@triumbra.com, www.triumbra.com